

Pre-Operative Instructions

Maury K. Harwood, M.D.

You have agreed to have surgery performed by Dr. Harwood.

Your surgery is scheduled for _____ at _____.

Please follow these instructions to aide you in your surgery:

- **If performed at Saint Louise Hospital:** Within the week prior to surgery, you must visit Pre-surgical scheduling for registration and tests. The times of availability and number is listed in the blue packet which has been provided to you.
If performed at South Bay Surgery Center: Within the week prior to surgery, you must have the lab work completed at Saint Louise Hospital. You may register for your lab work through the admitting dept.
- Do not eat or drink anything after midnight the night prior to your surgery. Failure to do so will result in the cancellation of your surgery.
- Please take all prescribed medications with a sip of water the morning of your surgery.
- It is your responsibility to check with your insurance group to determine that the facility is a preferred provider for your plan. Any fees resulting from failure to do so will be the responsibility of the patient and not the office.
- Please bring all braces, splints, ice machines and other equipment provided in the office to the hospital on the day of your surgery. If you are having surgery on your knee, you should bring a set of crutches with you. If you are unable to bring a pair of crutches with you, the hospital may be able to loan you a pair for a short time.
- We recommend you purchase an over the counter laxative/stool softener, as pain medication prescribed may cause constipation.